



## **Survey Results**

# **Supportive Care After Prostate Cancer Treatment**

**March 2023**

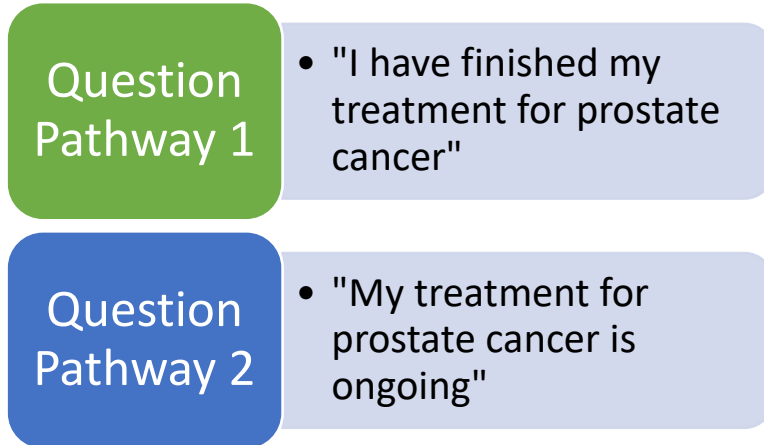
Our thanks to all those men who participated by completing this survey. We really appreciate it!

## Survey – Supportive care after prostate cancer treatment

This survey was designed for men:

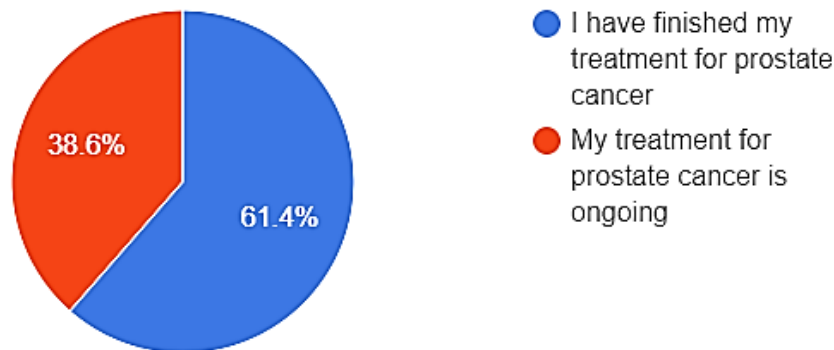
- Who have been diagnosed with prostate cancer; and
- Who have completed treatment for prostate cancer; or
- Who are receiving ongoing treatment for prostate cancer.

The survey has two question “pathways”:

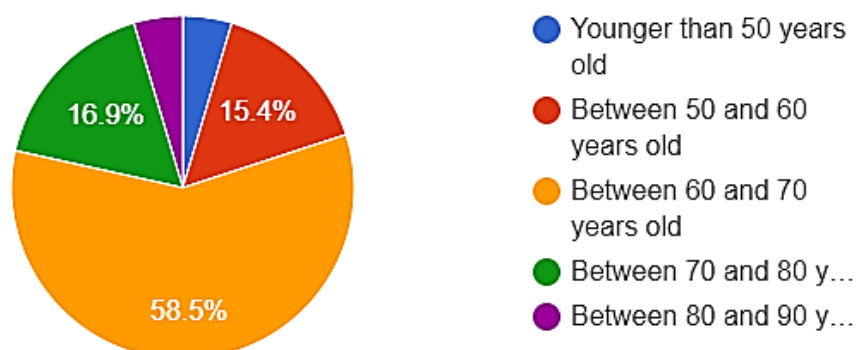


Survey questions differ, depending on whether treatment is finished or ongoing.

Of the 83 responses received, 51 men had finished their treatment (Pathway 1) and 32 had ongoing treatment (Pathway 2).



Responses to the survey were already coming in when Joe F suggested that I needed to include a question about age at time of diagnosis (thanks, Joe). 18 responses had already been received at that point. After including the age at diagnosis question, a further 65 men completed the survey.

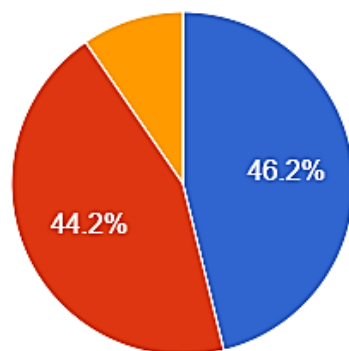


### Question Pathway 1

- "I have finished my treatment for prostate cancer"

After your prostate cancer treatment, did you receive ongoing support or follow-up from your doctors or treatment team? Choose **one** response from the list below that best fits your experience.

Yes, I was well supported once my prostate cancer treatment ended. My doctors or treatment team followed up with me on a regular basis.	24
I received some follow-up, but the support was fairly minimal.	23
After my treatment ended, it was left up to me to contact my doctors of treatment team. There was no official follow-up.	4
<b>Total responses</b>	<b>51</b>



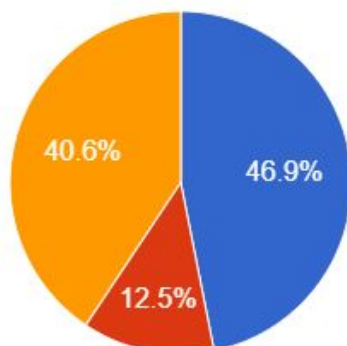
- Yes, I was well supported once my prostate cancer treatment ended. My doctors or treatment team followed up with me on a regular basis.
- I received some follow-up, but the support was fairly minimal.
- After my treatment ended, it was left up to me to contact my doctors of treatment team. There was no official follow-up.

### Question Pathway 2

- "My treatment for prostate cancer is ongoing"

Are you receiving good support or follow-up from your doctors or treatment team? Choose **one** response from the list below that best fits your experience.

Yes, I am well supported during my ongoing prostate cancer treatment. My doctors or treatment team follow up with me on a regular basis.	15
I receive some follow-up, but the support is fairly minimal.	4
It is up to me to contact my doctors of treatment team if I need anything between treatment sessions.	13
<b>Total responses</b>	<b>32</b>



- Yes, I am well supported during my ongoing prostate cancer treatment. My doctors or treatment team follow up with me on a regular basis.
- I receive some follow-up, but the support is fairly minimal.
- It is up to me to contact my doctors or treatment team if I need anything between treatment sessions.

### Question Pathway 1

- "I have finished my treatment for prostate cancer"

What kind of support would you have liked to receive after your prostate cancer treatment? *You can select as many of the following responses as you like.*

Follow-up appointments at regular intervals with my doctors or treatment team to check on my progress.	22
Follow-up calls or emails to check on my progress.	17
Referral to specialist services to help me deal with treatment side-effects.	17
Referral to a Prostate Cancer Support Group.	23
Referral to a Prostate Cancer Specialist Nurse.	13
Referral to a Continence Physiotherapist to help me regain bladder (or bowel) control.	13
Counselling or psychological support to help me cope with treatment side-effects.	11
Referral to a specialist in sexual rehabilitation or intimacy counselling.	22
I never felt the need for any ongoing support or follow-up after my treatment ended.	2
None of the above.	1
Other	4

### Question Pathway 2

- "My treatment for prostate cancer is ongoing"

What kind of support would you like to receive during your ongoing prostate cancer treatment? *You can select as many of the following responses as you like.*

Regular follow-up calls or emails to check on my progress.	11
Referral to specialist services to help me deal with treatment side-effects.	14
Referral to a Prostate Cancer Support Group.	9
Referral to a Prostate Cancer Specialist Nurse.	6
Referral to a Continence Physiotherapist to help me regain bladder (or bowel) control.	7
Counselling or psychological support to help me cope with treatment side-effects.	7
Referral to a specialist in sexual rehabilitation or intimacy counselling.	11
I don't feel the need for any additional support or follow-up during my treatment.	8
Other	2

### Question Pathway 1

- "I have finished my treatment for prostate cancer"

How have you coped since your prostate cancer treatment ended? *You can select as many of the following responses as you like.*

I have responded really well to my treatment and have felt no need for any assistance or support.	12
I had some early issues, but managed to deal with these myself.	19
I found it easy to locate help when I needed it.	11
I used "Doctor Google" to find help online.	3
My partner and I have worked together to resolve any intimacy or sexual difficulties.	10
I really struggled and had significant trouble with side-effects from my treatment.	11
I still experience bladder (or bowel) issues and don't know how to fix them.	6
I still experience erectile problems, but have given up trying to fix them.	27
My relationship suffered as a result of my prostate cancer and the treatment that I received.	3
My quality of life has really suffered due to the prostate cancer and my treatment side-effects.	9
None of the above.	1

### Question Pathway 2

- "My treatment for prostate cancer is ongoing"

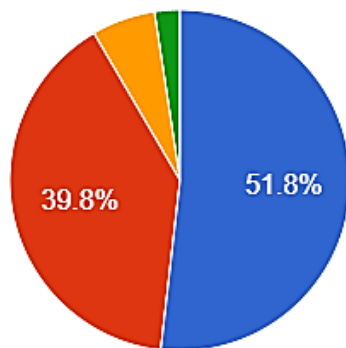
How are you coping during your ongoing prostate cancer treatment? *You can select as many of the following responses as you like.*

I am responding really well to my treatment.	11
I have some issues, but manage to deal with these myself.	18
I have found it easy to locate help when I need it.	7
I use "Doctor Google" to find help online.	0
My partner is very supportive and we work together on intimacy and sexual issues.	9
I really struggle and have significant trouble with side-effects from my treatment.	5
I have bladder (or bowel) issues and can't seem to resolve them.	7
I have erectile problems, but I have given up trying to fix them.	16
My relationship is suffering (or has suffered) as a result of my ongoing prostate cancer treatment.	7
My quality of life is really suffering due to my ongoing prostate cancer treatment.	10
Other	1

### Final question for all participants:

“I would like to see better follow-up care and support for other men in my situation in future.” Choose one response below that best fits how you feel about that statement.

I strongly agree with that statement.	43
I agree with that statement.	33
I don't know whether I agree or disagree.	5
I disagree with that statement.	2
I strongly disagree with that statement.	0



- I strongly agree with that statement.
- I agree with that statement.
- I don't know whether I agree or disagree.
- I disagree with that statement.