

We've Lost My Prostate, Mate! ... and Life Goes On

Testimonial

It is well known that the medical profession sometimes fails to address the psychosocial issues that arise from the treatment of prostate cancer. Many doctors do not fully explain the issues arising from surgery, while many believe that their patient relationship ceases with the completion of their treatment, leaving patients to fend for themselves in coping with the physical consequences of surgery and related psychological issues.

This excellent book fills in that important gap, and provides extremely helpful information to assist patients both before and after their treatments. It takes us on Alan White's personal prostate cancer journey, and describes in detail the highs and the lows (with a touch of humour), as well as providing useful everyday tips for men and their partners. The knowledge that can be gained from this book is both empowering and comforting.

I had my prostate surgery some 22 years ago, and wish that I could have had access to this informative book at that time. It would have made my prostate cancer journey far easier, and I would strongly recommend it to any men who are contemplating prostate surgery, or who are suffering adverse side effects of treatment.

We sometimes overlook that prostate cancer affects two people, both the man and his partner, and this aspect is also very well covered in the book. It is also of benefit to families, friends or anyone touched by prostate cancer.

I recently retired following a ten-year term as Convener of the North Shore Prostate Cancer Support Group in Sydney, and think so highly of this book that I have added it to our library for the benefit of our Group members.

John Goodall

Prostate Cancer Survivor